

Executive Officer Update



As we pull together a summary of our work for the previous year, I am once again astounded by the variety of activities that took place across the projects and I'm reminded that Hands Around the World, a small charity based in Wales, has such a wide reach. Of course, we can't take all the credit for this! The achievements listed in this report belong to the children and young people featured, and I'd like to take this opportunity to

say congratulations to you all. Well done for participating, for seizing the opportunities that came your way, and for working hard despite the challenges you face and the inequalities that exist in our world.

I expect that for many of you there has been someone who has helped you along the way, maybe a family member or a special teacher, or maybe it was your sponsor. Some of the credit must go to these people, too. There are certainly many inspirational people involved with our partner projects in Benin, Kenya, Rwanda, Zambia and India. They are the ones that motivate us, too; that help broaden our understanding and keep us striving to do better.

Last, but by no means least, some of the credit must also go to all of you reading this report – Hands Around the World supporters, volunteers and friends - for the part you have played in changing the course of these young lives. We'd like to thank you, as always, for your generosity and for your commitment to Hands Around the World, our partners, and the children and young people in their care. It really does make a world of difference, as you will see as you read on.

Bridget Higginson - Executive Officer

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About Us

Mission Statement

To help children and young people disadvantaged through poverty or disability, or otherwise vulnerable, in partnership with locally-managed centres in Benin, Kenya, Rwanda, Zambia and India. We also support well-prepared volunteers to offer practical help, skill sharing, and friendship.

Vision

We want to see happy, healthy children in our partner projects, enabled to reach for their full potential, with opportunities to have productive and fulfilled lives.

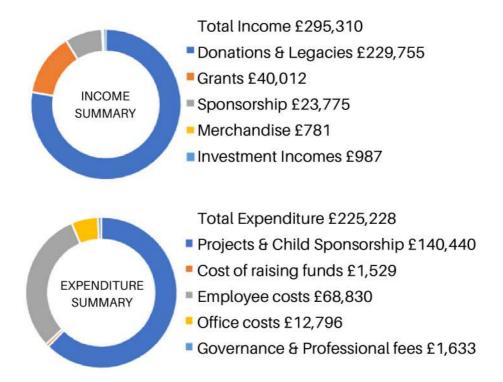
thow we work

We work in partnership with in-country managers to realise their vision of supporting vulnerable children and alleviating poverty within their communities. This means ownership remains within the local community and we are committed to supporting our partner projects to move towards sustainability.

Reports from our partners

We were delighted that in-person visits by Hands Around the World staff and volunteers to our partners were able to resume in 2022 as the pandemic diminished. This brought back some of the human touch to our partnership relationships which had, of necessity, been distanced and digitised for many months.





Thanks to the generosity of organisations and individuals through donations, legacies, grants and sponsorships we have been able to support partners in countries in Africa and in India.

As we plan for the coming year, we have been able to transfer from our unrestricted general reserves £5,000 to a Project Contingency Fund and £20,000 to a Project Development Fund. Both are significant funds. The Project Contingency Fund allows us to cover unforeseen project costs. The Project Development Fund allows us to support the development of new partnerships and projects within the current countries of operation.

Impact 2022

With grateful thanks to all our supporters, much was delivered by Hands Around the World and Hands Around the World Jersey during the year in support of vulnerable children and young people at partner projects, including achievements across education, training, food and nutrition, healthcare and the environment.

Key successes of 2022:

- 720 children supported in primary and secondary school
- 41 young people supported in further education (university and apprenticeships)
- 51 girls / young women vocationally trained
- 6 students supported to undertake a UK-run online training in sustainable agriculture
- 340 children enjoying a new and improved classroom environment
- 606 children received a daily hot lunch
- 30 families (approximately 180 people) received monthly bags of maize
- 3 classrooms completed, 6 classrooms renovated and construction of a sanitation block begun
- 1 partner project supported with solar panel installation
- A new Hands Around the World Environment Fund launched



Kaliyangile Vocational Training Centre (VTC), Chisamba, Zambia

Training courses at the VTC resumed in the latter part of 2022, beginning with an initial cohort of 20 women and girls successfully trained in beekeeping. This covered the essentials in bee colony establishment and development, as well as the equipment, tools and materials used in beekeeping. The training continues into 2023, and some



of the beekeeping students also intend to participate in agriculture and computing training once those courses restart.

2022 also saw construction begin on a new sanitation block at the VTC, which includes five toilets and seven showers. Substantial progress was made on the construction in the latter part of the year and the project is expected to be completed in the first half of 2023. Once finished, the new block will support the good health and hygiene of all students and staff and will allow the VTC to increase the number of students it can train at any one time.

The hammer mill continued grinding maize for the local community at an affordable price, which also provided a good income for the project during the year. The pigs and chickens continued to generate funds. Community food distribution at Kaliyangile, which started during Covid lockdown, continued throughout 2022.



Disability Community Centre (DCC), Maua, Kenya

A total of 450 children with disabilities underwent therapy via the DCC in 2022. Key achievements included 12 children who were able to walk after consistent therapy and three children who were helped to attend school. 42 children benefited from assistive devices through the work of the DCC, such as sitting, standing and walking aids, or appropriate wheelchairs.

In an exciting development, the DCC is now run on sun! The centre previously struggled with unpredictable power outages; a difficulty highlighted by the pandemic as people shifted to digital modes of connecting. Accordingly, in 2022, Hands Around the World supported the installation of solar panels and a battery system for the DCC. The panels have proved to be a great success, providing an uninterrupted power supply for the DCC's computers, internet connection and lighting – a real game-changer for the centre.



In September 2022, the centre held a children's forum - a colourful and lively event bringing together children from across various special schools connected with the DCC. The event gave the children the opportunity to showcase their creative talents, such as singing, dancing and poetry, and to socialise with and inspire one another. December saw the DCC join disability-related organisations from across Meru county to mark the UN International Day of Persons with Disabilities, promoting the participation of persons with disabilities across Kenyan society.

New Life Centre (NLC), Sarberia, India

In 2022, 224 children received a rounded education at the New Life Centre in Sarberia, West Bengal, benefitting from the highest standard of schooling available in the local area. Perhaps the NLC's real triumph, however, is the caring and supportive environment that is continually nurtured through the passion and commitment of the centre's Director, Mr Alindra Naskar.

In September, the NLC marked India's National Teachers' Day; an occasion which provided the children at NLC the opportunity to show their gratitude for their inspiring teachers. This vibrant event saw the pupils put on a colourful dance performance for their teachers, as captured here, which not only delighted the staff at the centre but was a fun and uplifting occasion for the children.





November saw the school engage in UNICEF's World Children's Day, which promotes children's rights and welfare. Children at the NLC participated in various lively activities and games. Shown here is an art competition from the day!

31 girls and women were trained in tailoring at the NLC in 2022, bringing the total number of female students successfully completing tailoring training at the centre to over 200. This is a fantastic accomplishment whose benefits extend far beyond the immediate trainees, helping lift families out of poverty and promoting community prosperity.

Pizz School and Support Centre, Monze, Zambia



In 2022, 606 children were enrolled at Pizz School, many of whom are orphaned and vulnerable. Many were supported by Hands Around the World to attend Pizz to Grade 9. A further 90 children were supported at grades 10, 11 and 12 to complete their secondary education in local secondary schools. A total of 69 children passed their Grade 9 exams,

representing a 73% pass rate.

Our school lunches scheme provided all the children enrolled at Pizz with hot lunches throughout the year, ensuring every pupil received a daily nutritious meal. During the year, 30 families were also supported with additional food where children had heightened nutritional requirements.

In early 2023, Hands Around the World made the difficult decision that we are unable to continue to support Pizz School as a private school. This decision was made following changes in Zambian education policy, project visits and extensive consultation with the community in Monze on the future of Pizz, engaging stakeholders including the local Parent Teacher Association, teachers, the District Education Board Secretary, the current Pizz leadership and local HATW representatives. You can read more about this in the latest news section of our website.

Chez Papa Geoff (CPG), Affame, Benin



Hands Around the World Project Coordinator Dick Wheelock visited CPG in July, his first visit in two and a half years due to the pandemic, and received a warm welcome indeed, through the medium of dance! In 2022, Chez Papa Geoff orphanage in Affame reached its maximum capacity of 24 children, providing them with a caring home, nutritious meals and access to education and healthcare. Through our partnership with CPG, 72 children were supported at secondary school and 15 students at university during the year. A further 11 young people in Affame were supported on apprenticeship schemes, equipping them with the knowledge and skills needed to secure decent employment.



Shown here is Marc, a former CPG resident who is now sponsored at college doing screen printing. As part of the sponsorship in 2022, Marc received a laptop to support his studies. The laptop is being presented to Marc by CPG Local Manager Dieu Donne.

The farm linked to the orphanage produced a good cassava harvest in 2022, and the children at the orphanage were excited to learn about the process of converting cassava to flour. The farm's sustainable palm plantation started to yield in 2021 and continued to develop in 2022, helping propel CPG towards self-sufficiency.

thands Around the world Jersey (HATWJ) & Rwandan partnerships

Mike Haden, Chair of Hands Around the World Jersey, shares:

Volunteers from HATWJ have been visiting Bugarama in southwest Rwanda since 2012, helping to improve teaching and learning conditions in schools. From small beginnings, HATWJ, with the help of grant funding from Jersey Overseas Aid, has developed a partnership with six schools and seen a real transformation.



In 2022, a grant enabled us to complete the second phase of a two-storey building at Nyakagoma. In 2015 there was only a broken barn housing a nursery section. The school now has 13 classrooms and takes 567 pupils from nursery to end of secondary. A second grant contributed towards the renovation of six degraded primary classrooms at Muko with newly plastered walls and good flooring. New plastic ceilings which reduce noise from adjoining classrooms and rain on tin roofs have proven impact on learning and exam results.

In December 2022, fellow trustee Dennis and I were at last able to visit Bugarama again. The warm welcome received proves the appreciation of joint Hands Around the World Jersey and Jersey Overseas Aid investment. And we are recruiting volunteers again for Rwanda visits!



Success Stories

We'd like to share with you here some of the inspiring stories of positive outcomes for children and young people in 2022 - stories that illustrate why we do what we

do and remind us all that a little generosity and kindness goes a long way.



Here is Martha, a participant in the beekeeping training course conducted at Kaliyangile, Zambia in 2022. Martha says: "Before, I used to fear bees a lot. They usually came to my flower garden and I would be so scared to go near them. I would call some local boys to spray them with insecticide. But now I have learnt a lot during the course. I can set bait and wish to set up some hives in my garden so that I can sell honey and use some for my home consumption."



Meet Bebeto, a fourth-year medical student at Mulungushi University in Zambia. He says: "I want to appreciate the help you are rendering to me. I want to say thank you for providing everything that wouldn't have been possible without you. Being now in my fourth year, that means I am rotating in the wards and spend most of my time doing practical work since theory ended in September. So I'll be doing my rotations for a year, just changing departments. For now, I will do internal medicine, paediatrics, obstetrics and gynaecology, and surgery. I have just finished my first rotation. Each rotation takes eight weeks and there's an exam at the end of each. Then after all the rotations, I'll write my year-end exams."



This is Janes, who is being supported by Hands Around the World to study nursing at University. Janes says: "I was drawn to nursing because I have a desire to care, to serve and to help, as happiness comes by GIVING and SERVING others. I believe not all angels have wings: some have scrubs! After I finish, I want to help and serve others. That starts with me, my family and others. Serving them financially, emotionally, psychologically and more. Help those in need - that's the only way I'll achieve happiness."

Success Stories

Onesmus had delayed developmental milestones since birth. He was not able to sit, stand, or carry out any activities of daily living. He began therapy with the Disability Community Centre in Kenya in February 2022 and this continued consistently until May, by which time he was able to stand, walk, and sit; the photograph here shows him standing unassisted in May 2022.

Furthermore, Onesmus' parents were trained and encouraged to carry on with the exercises, to supplement the DCC's efforts. His mother was delighted by the progress and promised to "ensure that the child does not regress to his old state" by carrying on with the skills learned from the DCC's rehabilitation team. In September, he was enrolled in school.

Pallabi comes from a very poor family and has attended the New Life Centre in India from the age of four to sixteen, receiving a quality education and encouraging the development of her interests and talents. She is passionate about art and can be seen here with her wonderful drawings. She is due to complete her Senior Secondary (equivalent to A-Level) in early 2023 and hopes to study art or geography at university.





Success Stories

Alindra Naskar is shown here in Sarberia, India, with two of the New Life



Centre's current students, who started at the school when they were little girls. Alindra says: "They studied in our school from Lower Kindergarten to class 10. They are going to complete Senior Secondary in March 2023. The girl with the red scarf plans to study law and the other would like to study microbiology. They just came to visit me for some advice and express their hearty thanks... I would say it's a total transformation of life by Hands Around the World. There are many others like them. We all feel proud of them."

Pictured here is Harriet, who was supported to train in nursing in Uganda. In 2022, Harriet graduated as a nurse and midwife and we were delighted

to hear that, after qualifying, she chose to work as a volunteer nurse at Goli Health Centre while she looked for employment. Harriet says she has "the passion to serve".

Hands Around the World also arranged for two new nursing students in Uganda to start in January 2023.



Strengthening our environmental commitments

Hands Around the World's environment fund was established in 2022. One focus area for the fund is the development of sustainable food production. We are excited to be working in partnership with the Marshal Papworth Fund: a charity which, their website states, helps "students from developing countries to grow themselves out of hunger so that they and their fellow countrymen benefit from a more sustainable future". In 2022, six students from Hands Around the World's partner projects participated in an online course in sustainable agriculture.

These students can now also apply for a 10-week practical and experiential course at Harper Adams University in the UK, which will take place in 2023. The course has been designed specifically for students who can demonstrate a strong hands-on commitment to their community and its agricultural development; in particular, those who are motivated to become change-makers within their communities. We think that the three teachers from Muko school in Rwanda, Jean, Michel and Polyphile, who are participating in the course fit this description well. They are working hard to develop a productive farm to supplement school lunches for the 567 children who attend the school.

Shown below is training for school garden farmers in Rwanda; these advisory sessions are being much enhanced by the partnership with the Marshal Papworth Fund.



Fundraisers

Hands Around the World is built upon and sustained by the passion, creativity and generosity of those who freely give their time in pursuit of positive change for highly disadvantaged children and young people. We celebrate here the inspiring fundraising events and fantastic volunteering efforts from 2022.



In April, Mary Halsey raised over £1,000 for Hands Around the World by running the Southampton Half Marathon. In July, the team at Baker Tilly raised over £3,000 for Hands Around the World by completing The Great Cloud Walker Challenge, whilst September saw volunteer walkers and members of Hands Around the World Jersey complete the Great North Coast Charity Challenge 2022, raising a fantastic £2,000 towards Hands Around the World Jersey's work in Rwanda. In October, Michel and Polyphile, both teachers at Muko school, Rwanda participated in the Virtual London Marathon, raising a combined £310 for Hands Around the World.

Four coffee mornings were held at The Priory in Monmouth in 2022, with volunteers supporting Hands Around the World's fundraising efforts through donations of crafts, baked goods and other items for sale. A supporter of Hands Around the World, Carey Glyn-Jones, kindly donated the proceeds from the sale of signed copies of her wonderful collection of poems, *Perverse and Foolish.* The coffee mornings, as well as Christmas-time raffles, embraced and celebrated the charitable spirit of the community in Monmouth towards supporting some great Hands Around the World



causes. Our warm thanks go to everyone who raised funds for our work in 2022.

If you have any fundraising ideas or would like to get involved with our fundraising events, please get in touch; we're always on the lookout for new and enthusiastic people to help raise funds.

Volunteering



Hands Around the World renewed and celebrated its commitment to volunteering in 2022, as the pandemic diminished to allow activities to resume. The official ceremony for the Queen's Award for Voluntary Service (awarded to Hands Around the World in 2020) was finally able to proceed: an occasion that saw Hands Around the World volunteers assemble to receive the award presented by The Lord Lieutenant of Gwent, Brigadier Robert Aitken, and accepted on behalf of all our volunteers by Hands Around the World founder and trustee David Steiner.

The team in Monmouth welcomed five new people to the UK volunteering team in 2022: volunteers who generously gave their time to provide regular support in the office as well as with set projects. Shown here are volunteers Julie and Camilla at the office in 2022. Volunteering overseas cautiously recommenced, with project visits undertaken by volunteers in Zambia, Rwanda, and Benin during the year. These visits were successful, and we anticipate further overseas volunteering going into 2023.



Interested in volunteering for Hands Around the World? We'd love to hear from you! Please get in touch to find out more.

> 6et in touch: info@hatw.org.uk 07536172817

thow can I support thanks Around the World?

There are several ways to support our work, as detailed below. To donate to any of these, visit our website – www.hatw.org.uk – and click on the 'donate' tab. We would welcome your support.

Sponsor a project

Hands Around the World runs sponsorship programmes at some of our partner projects. This enables children to access education, vocational training and social support they may need.

Leave a legacy

A legacy does not have to be a large sum of money. To leave Hands Around the World a legacy, you need to make a bequest to us in your will. If you would like more information, please get in touch: info@hatw.org.uk

Sponsor a lunch

Our Lunchbox Fund provides daily nutritious meals to vulnerable children and young people who need this support via our partner projects.

60 Green!

Our newly established Environment Fund aims to encourage and support initiatives at our partner projects focussed on environmental conservation and responding to climate change.



Looking ahead to 2023

In 2023, Hands Around the World will continue to work towards the delivery of our 2022-27 Strategy, which is available on our website www.hatw.org.uk

The four main areas of our strategy are:

1. Education

We will promote access to quality educational opportunities for children and young people at our partner projects.

Volunteering and relationships

We will continue to promote volunteering opportunities and long-term quality relationships with our partner projects.

2. Health

We will seek to improve access to health care as well as promotion of good health, hygiene and nutrition.

Independence and sustainability

We seek to encourage long-term sustainability at individual projects, including income-generation initiatives.

Thank you so much to all our supporters and volunteers who enabled Hands Around the World to deliver on its mission in 2022; we look forward to building on these successes in 2023 through your continued generosity and dedication.





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Registered charity in England and Wales: Charity Number: 1097626



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